

JC/jfh

4 January 2017



Dear Parents,

I am delighted to inform you that all Year 2 children will be starting swimming lessons this month. We shall be using the wonderful swimming pool at The Mountbatten Centre and we are thrilled to offer this opportunity to all the children in Peacock, Puffin and Penguin class. Children will swim each Friday starting on January 20 2017.

There will be no cost for you as the school will cover all expenses from our Government Sport's Funding.

As a coastal city, I believe it is essential that all children learn to swim. Over the next 23 weeks, we aim to achieve the following objectives for your child.

- To develop water confidence and water safety skills
- To participate in enjoyable social activity
- To master basic stroke technique
- To participate in activities which can help improve general health and fitness.

You will need to provide the following clothing:-

Girls

- A one piece swimming costume (no bikinis please)
- A swimming hat
- A towel

Boys

- A pair of trunks (no Bermudas or long shorts as these can be dangerous)
- A swimming hat
- A towel

Please ensure that all items are clearly named and carried to school in a waterproof or plastic bag.

It remains our policy that no jewellery should be worn in the swimming pool. If possible all jewellery should be left at home, as the swimming instructors cannot take responsibility for these items.

The use of goggles is not recommended; though they may be necessary on medical grounds. Written parental consent is required if you would like your child to wear goggles.

MEDICAL CONDITIONS AND ILLNESS

Please inform both the class teacher and the swimming instructor if your child suffers from any medical condition that may need extra supervision.

If your child has a newly formed verruca they may still continue with their swimming, but will need to wear a plastic sock. These are available from most chemists or sports outfitters. Older verrucas will need specialised treatment and further medical advice should be obtained.

Children with asthma should take their named inhalers onto the poolside and if necessary use them before the lesson. Swimming is one of the best forms of exercise for asthma as the air in the pool area contains high levels of moisture.

There are very few conditions which prevent children from swimming and provided everyone concerned with the swimming lesson is fully informed about the particular problem; much can be done to ensure that children learn to swim with confidence in a safe environment.

If you have any queries or concerns about your child's swimming lessons please contact me and I will try and help you the best that I can.

I hope your child enjoys the Swimming experience and benefits from learning this essential life-skill.

It would be very helpful if you would complete the attached questionnaire and return it to the school office by 16 January 2017. Thank you for your continued support.

Yours sincerely,

Mrs J Cooper
Headteacher



STAMSHAW INFANT SCHOOL
Year Two Swimming Lessons

Name of child..... Class

Please tick the statement which best describes your child.

- My child has never been swimming
- My child lacks confidence in the water
- My child enjoys going swimming
- My child can swim a little with arm bands
- My child can swim unaided

I give permission for my child to take part in swimming lessons from
20 January 2017

Signed Date

Please return to the school office by 16 January 2017 – thank you.