



## **PSHE Curriculum at Stamshaw School**

### **Intent**

At Stamshaw Infant School we recognise that Personal, Social, Health and Economic (PSHE) education is an important and necessary part of all children's education. The PSHE curriculum focuses on cultural, diverse, social and moral issues that provide children with the necessary skills to understand the developing World. The PSHE curriculum is delivered through three core themes; Health and Wellbeing, Living in the Wider World and Relationships.

### **Implementation**

At Stamshaw Infant School our teaching, planning and resourcing of PSHE and RSE focuses fully on our children's readiness and needs, taking into account their prior learning, experiences and understanding. Our children follow a comprehensive PSHE curriculum covering the important aspects of Health Education and Relationships Education, combined with the teaching of the statutory Relationships and Sex Education (RSE) objectives. The teaching of PSHE is delivered through the three core themes of Health and Wellbeing, Relationships and Living in the Wider World. With many of the core themes and objectives interlinking our PSHE framework forms a spiral curriculum which allows children to develop their knowledge skills and attributes by revisiting and building upon their prior learning. This helps our children to reinforce and extend upon their knowledge and understanding as they move throughout KS1 and provides them with the opportunities to focus upon their current experiences whilst in turn preparing them for their future.

### **Impact**

Our PSHE teaching and curriculum interlinks with the core themes that underpin our school values and form part of our positive and inclusive school ethos. At Stamshaw Infant School we want our children to continue to grow into positive, kind and successful members of the school community whilst also developing the skills needed to succeed in the wider World. Our PSHE curriculum helps children to recognise their own personal development, needs, aspirations and ongoing achievements. Our pupils learn about the significance of forming secure, trusting relationships with adults and peers. They recognise the importance of maintaining their own physical and emotional wellbeing, and are aware of the steps they need to take in order to positively sustain this. Our children are encouraged to talk about their feelings, they understand what to do and who to talk to if they develop negative feelings and are encouraged to use different strategies to manage conflict such as a restorative approach to help resolve issues and disagreements.