

RSE Curriculum at Stamshaw Infant School

Impact

At Stamshaw Infant School we provide a framework whereby sensitive discussions regarding Relationships and Sex Education (RSE) can take place. In an age appropriate manner, we prepare our children for puberty by teaching them the correct vocabulary to describe their bodies and giving them an understanding of sexual development in line with the statutory Science curriculum for KS1. We explore the importance of health and hygiene and create a positive culture around issues of sexuality and relationships. Our children recognise they have a responsibility for keeping themselves safe and are able to identify their positive and negative feelings, developing a range of strategies to manage these. We help our children to develop feelings of self-respect, confidence and empathy whilst ensuring they respect the views of one another, regardless of religion, culture or sexual orientation.

Implementation

RSE is taught within the Personal, Social, Health and Economic (PSHE) education curriculum. Biological aspects of RSE are taught within the Science curriculum, and other aspects are included in Religious education (RE). Relationships Education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe.

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on home circumstances. Children recognise that families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures. Along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Intent

Through the statutory teaching of the RSE framework by the end of KS1 children understand appropriate behaviour, accept differences and recognise the need for trust, honesty and respect within different kinds of relationships. Children at Stamshaw Infant School can identify the influences on their own health and wellbeing, they recognise different types of change and know how these changes can be managed or used as well as understanding and managing the risks to their own physical and emotional health and wellbeing. Our children understand that that can make decisions about their own bodies and know they have the right to say no. Our children understand ways of keeping physically and emotionally safe and know how to maintain their own physical, mental and emotional health and wellbeing.