

## PE and Sports Premium Plan 2022-23

Total amount of funding for 2022/23. To be spent and reported on by 31st July 2023.	£17,530
---	---------

### Swimming Data

Please report on your Swimming Data below.

<p>Meeting national curriculum requirements for swimming and water safety.</p> <p>N.B. Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts.</p> <p><b>Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue, even if they do not fully meet the first two requirements of the NC programme of study</b></p>	<p>All children in Year 2 have weekly swimming lessons from January to July. This is our commitment to ensuring we encourage water safety and confidence for our very young children.</p>
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p><b>N.B.</b> Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2023.</p> <p>Please see note above</p>	<p>Not applicable to our KS1 setting</p>
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p> <p>Please see note above</p>	<p>Not applicable to our KS1 setting</p>
<p><b>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</b></p>	<p>Not applicable to our KS1 setting</p>
<p>Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?</p>	<p>Yes</p>

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

<b>Academic Year:</b> 2022/23		<b>Total fund allocated:</b> £17,530		<b>Date Updated:</b> September 2022	
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation: 22%
Intent		Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:		Make sure your actions to achieve are linked to your intentions:		Evidence of impact: what do pupils now know and what can they now do? What has changed?:	
Support children to understand how being active can lead to a healthy balanced lifestyle through daily classroom activity and lunchtime / playtime clubs		Ensure all pupils are active for at least 60 mins each day.  Allow children to be active during play/lunch breaks using play equipment to focus on gross motor skills.		£4000  All children will have access to high quality equipment to encourage active play  Pupils to begin to use language of movement day to day for example 'wake and shake' 'active time' 'relaxation time' 'mindfulness'  High quality teaching from both sports coaches and staff. Staff will become more confident with teaching PE because of the staff inset. Therefore the children's self esteem will improve and they will develop a new positive attitude to trying new sports.	

Further enhance exercise during lessons to engage all pupils and improve physical movement.	Ensure staff are aware of a variety of brain breaks, wake and shakes and active minutes through quality CPD and modelling.  All staff will become aware to monitor the attention and concentration of pupils during lesson – know when to give the children quick breaks to activate their bodies/minds.		Pupils will become fitter and find a new enjoyment to exercise. They will have an opportunity to show teamwork with their class friends.	
Provide a wide range of physical, social and intellectual experiences, allowing children of all abilities to increase confidence and learn to really enjoy exercise fundamental to the development of good physical and mental health	Develop the play area to provide additional resources for children to achieve good physical and social fitness Develop the playground equipment to engage and stimulate improved physical activity Improve playground markings to encourage participation in physical activity.		Ensure that all children have opportunities for enhanced outdoor play / learning Allow all pupils opportunities to explore their environment, develop muscle strength and coordination, and gain self-confidence leading to improved physical and mental health	

<b>Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement</b>	Percentage of total allocation: 34%
---	--

Intent	Implementation	Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:
To use the PE Hub scheme as a motivational tool to increase pupils' proficiency in a range of sporting activities.	All staff to use planning and PE Hub website to deliver well-structured PE lessons focusing on the national curriculum outcomes  For staff to further develop their use of assessment to build on and	£350	Pupils will have improved their attitudes to learning, with improved focus and motivation.
			Sustainability and suggested next steps:
			Continue and maintain into next academic year

	ensure next steps in progression for all children.			
To introduce a sports/fitness after school club available to all pupils	To organise a fitness/sports club available to all year groups to focus on healthy lifestyles. Focus on specific skills through football, dance, tennis and hockey.  Provide opportunities for sessions to be taught by qualified specialist coaches / sports teachers	£2000	Children will have the opportunity to try a range of different sporting activities beyond the school curriculum. These sessions allow the children to practice the skills they have been learning in lessons and to put them in match play.	
Take part in National physical events throughout the school year, such as walk to school week and other local and national sporting initiatives.	Promote the importance of health and wellbeing through daily exercise leading to increased stamina, energy and concentration by active involvement of all pupils	£500	Children will have the opportunity to be part of national events and compete with other schools face to face and virtually. This will broaden experiences and expose children to a wide variety of sports.	
Establishing strong, sustainable partnerships with local sports clubs coaches.	Engage with facilities at Mountbatten Centre- Sports Day / swimming Portsmouth Schools Sport's partnership – festivals and competitions	£3000  £150		

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				14%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
<p>Further enhance and improve the quality of PE offered so that enjoyment is enhanced</p> <p>Provide quality CPD through twilights and training to ensure increased levels of staff confidence when teaching PE through the newly acquired scheme</p>	<p>All pupils to access 2 hours high quality PE every week. Developed through sports coaches, through staff INSET, with Trust schools, and through improved resources.</p> <p>All staff to use planning and PE Hub website to deliver well-structured PE lessons focusing on the national curriculum outcomes PE lead liaise with all staff to assess levels of confidence and subject knowledge.</p> <p>Staff to feedback successful active minutes each half term and trends that are motivating pupils e.g. Go Noodle, Guided Yoga.</p>	£1500	Teachers will demonstrate increased confidence when planning the curriculum. This will allow for excellent progression and clear end points for pupils across EYFS and KS1	
<p>PE Lead to be confident in modelling Outstanding lessons are being taught</p> <p>PE Lead will provide Coaching and support to develop the practice of others</p>	<p>Quality CPD for PE Lead to ensure sports and PE are promoted effectively and monitored across EYFS and KS1.</p> <p>Staff training to be implemented to all staff so everyone knows how the PE curriculum is delivered.</p> <p>Provide regular opportunities for</p>	£1000	<p>Quality CPD for PE Lead to ensure sports and PE are promoted effectively and monitored across EYFS and KS1.</p> <p>Staff training to be implemented to all staff so everyone knows how the PE curriculum is delivered.</p> <p>Provide regular opportunities for</p>	

	PE Lead to work with AIP / identified staff to develop good subject leadership in order to effectively support all staff		PE Lead to work with AIP / identified staff to develop good subject leadership in order to effectively support all staff	
<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				Percentage of total allocation: 23%
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Widen the range of sporting experiences offered through city wide events and competitions and creative curriculum planning	Successfully deliver swimming for all Year Two pupils. Children will be offered comprehensive and effective swimming lessons, improving their swimming skills and confidence within water. Children have opportunities to enhance life skills.	(see KI1)	Children to increase self-esteem as they overcome personal challenges. To create positive experiences for children to build character development by empowering them to lead the importance of physical activity  To follow the School Games spirit of values of; passion, teamwork, determination, self-belief, honesty, respect and eco-friendly	
Making provision for outdoor and adventurous pursuits	All Year 2 pupils to experience a day at 'Go Ape' with qualified instruction on team building and climbing instruction.	£3000	Children have positive learning experiences in a variety of environments. Children take part in exciting, motivating and challenging outdoor activities including an element of controlled	

			risk and sense of adrenaline filled achievement.	
Children have access to our Wrap Around Care club	To give children the opportunity to be active for longer periods of the day and to socialise with peers.		Children given the opportunity to be active for longer periods of the day and to provide a healthy balanced diet.	To continue the running of our Wrap Around Care service, invite children to join our breakfast/after- school sessions.
Children to have opportunities to access Mindful activities to encourage positive mental and physical health	Provide staff training and regular opportunities for children to participate daily in mental health and wellbeing exercises to improve positive mental health  To provide opportunities for professional Theatre group to deliver mindfulness workshops, dance and drama	£1000	Children will be able to self-regulate and reflect upon their actions leading to improved mental health and raised self-esteem.  Children across whole school will have the opportunity to work with staff beyond school to explore positive mental health and will be able to express their feelings and bodies creatively.	

<b>Key indicator 5: Increased participation in competitive sport</b>				Percentage of total allocation:
				9%
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:

To continue to attend city wide PE events to promote motivation, competence and confidence.	To ensure children from KS1 have the opportunity to attend at least one city wide event throughout the year	£500	Children will have the experience of performing in appropriate kit / uniform.	
To allow our children to participate in competitive sports beyond the school	Continue to provide all pupils with gymnastics coaching starting with Year 2, Year 1 and Early Years. KS1 and Early Years to work towards city Gymnastic Competition.	£1000	Trophies and awards to celebrate participation and success will ignite a passion for sporting activities	

Signed off by	
Head Teacher:	Mrs J Cooper
Date:	September 2022
Subject Leader:	Mrs C Moore
Date:	September 2022
Governor:	Mrs S Bailey
Date:	September 2022



Created by:  **Association for Physical Education**  **Active Partnerships**  **YOUTH SPORT TRUST**

Supported by:  **LOTTERY FUNDED**  **UK COACHING**  **UK ACTIVE**