



Strand	Early Years	KS1- Yea	ar 1 & Year 2	LKS2 Year 3 & Year 4
	Development Matters/ EYFSP 3-4 year olds.	RSE Statutory Requirements;		Demonstrate a basic understanding of different types
Families and	PSED			of relationships and show respect and tolerance of
People Who Care	<ul> <li>Develop their sense of responsibility and</li> </ul>	<ul> <li>that families are important for child</li> </ul>	ldren growing up because they can give	diverse relationships. This should include family and
For Me	membership of a community.	love, security and stability. p		people who care for them, caring friendships,
	Understanding the World			respectful relationships including online.
	<ul> <li>Make connections between the features of their</li> </ul>	including in times of difficulty, protection and care for children and other K		Know how to create positive friendships and solve
	family and other families.	family members, the importance of s	spending time together and sharing each	conflict in friendships.
	<ul> <li>Notice differences between people.</li> </ul>	other's lives.		Demonstrate a basic understanding of consent and
	<ul> <li>Begin to make sense of their own life-story and</li> </ul>	• that others' families, either in scho	ool or in the wider world, sometimes look	personal boundaries.
	family's history.		they should respect those differences and are also characterised by love and care.	Know some places to seek help if needed.
	Early Years Foundation Stage Profile (EYFSP) Children	• that stable, caring relationships, wl	hich may be of different types, are at the	End Points;
	in Reception;	heart of happy families, and are impo	ortant for children's security as they grow	Children know how to maintain healthy relationships
	Understanding the World	up.		with other including their family.
	• Talk about members of their immediate family and	• that marriage represents a formal a	and legally recognised commitment of	Children know that healthy families should provide
	community.	two people to each other which is in	tended to be lifelong.	safety, security, love and happiness.
	• Name and describe people who are familiar to them.	<ul> <li>how to recognise if family relation</li> </ul>	ships are making them feel unhappy or	Children understand healthy relationships are based
	• Talk about the lives of people around them and their	unsafe, and how to seek help or advi	ice from others if needed.	on mutual respect and understand the importance of
	roles in society.			boundaries, consent and personal space.
	<ul> <li>Recognise that people have different beliefs and</li> </ul>			Children recognise that family set ups may look
	celebrate special times in different ways.	Children recognise important members of their families and those that are		different to their own (exploring further examples).
	Building Relationships	familiar and important to them.		Children understand that all families should be treated
	<ul> <li>Form positive attachments to adults and friendships</li> </ul>	Children understand how important	it is for families to make you feel happy,	with equal respect no matter their differences in
	with peers.	safe and secure.		appearance, belief, background, religion.
		Children understand that all families	may not look the same, this does not	
	ELG		be equally respected whether they are	
	Children achieving expected levels for the ELG's will	similar or different to their own fami		
	achieve Good Level of Development (GLD) by end of	Children understand people may cho	pose to get married and what this	
	EYFS.	commitment means.		
	PSED-Building Relationships	Children can recognise if family relationships make them feel unhappy,		
	Form positive attachments to adults.	uncomfortable or unsafe and know v use and the importance to keep seek	who to ask for help/ which language to king help if needed.	
	End Point Summary;			
	Children will be able to talk about the immediate			
	members of their family and name and describe			
	people who are familiar to them.			
	Children will be able to talk about the role of others in			
	society and show an interest in different occupations.			
	Key vocabulary	Key vocabulary K	ey vocabulary	Key Vocabulary
	family, friends, helping, love, caring, kind, jobs,		amily, similarities, differences, security,	Family, similarities, differences, same sex, blended,
	community, home, school, similar, different, safe.		afe, achieve, caring, choices, conflict,	love, care, support, communicating, bonding, achieve,
		care, choices, community, co	ooperate, cooperation, disagreement,	actions, attitude, behaviours, benefit, body language,

Caring Friendships	Development Matters/EYFSP 3-4 year olds. PSED	compliment, discussion, fair, family, friends, group, helpful, joking, kind, learner, mindset, needed, negative, polite, 	change, collaboratively, communication, compromise, conflict, consequences, considerate, dispute, effect, emotion, facial expression, feelings, goals, impact, individuals, interpret, listening, negotiation, reflect, resolution, resolve, responding, responsibility, teammates, teamwork, transition, unhelpful Demonstrate a basic understanding of different types of
	<ul> <li>Show more confidence in new social situations.</li> <li>Play with one or more other children, extending and elaborating play ideas.</li> <li>Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Develop appropriate way of being assertive.</li> <li>Talk with others to solve conflict.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> <li>Understand gradually how others might be feeling.</li> </ul> Early Years Foundation Stage Profile (EYFSP) Children in Reception; Communication and Language <ul> <li>Understand how to listen carefully and why listening is important.</li> <li>Develop social phrases.</li> </ul> PSED Building Relationships <ul> <li>Show sensitivity to their own and others' needs.</li> <li>Form positive attachments to adults and friendships with peers.</li> <li>Work and play cooperatively and take turns with others.</li> <li>PSED</li> <li>Show resilience and perseverance in the face of challenge.</li> <li>Identify and moderate their own feelings socially and emotionally.</li> </ul> Self- Regulation <ul> <li>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour</li> </ul>	<ul> <li>how important friendships are in making us feel happy and secure, and how people choose and make friends.</li> <li>the characteristics of friendships, including mutual respect, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.</li> <li>that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.</li> <li>that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.</li> <li>how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</li> </ul> End Points: Children know how to make friends and form positive relationships with others based on mutual respect and understanding. Children understand the importance of friendships and how friendships should be positive and make us feel happy. Children understand sometimes friendships how their ups and downs. They know how to deal with conflict and resolution and how/who to ask for help where needed. Children understand healthy friendships should be inclusive to others and friends who to trust and what to do if a friendship makes them feel unhappy or uncomfortable.	relationships and show respect and tolerance of diverse relationships. This should include family and people who care for them, caring friendships, respectful relationships including online. Know how to create positive friendships and solve conflict in friendships. Demonstrate a basic understanding of consent and personal boundaries. Know some places to seek help if needed. <b>End Points;</b> Children know the core values needed to form and maintain good friendships. They understand consent and personal space are important features in healthy relationships. They recognise the need to gain consent from others and the need to ask people to be near them and wait for a 'yes' before they get too close. Children understand the benefits of working collaboratively with others towards shared goals. Children understand how to solve conflicts with peers. They understand secrets and confidentiality and know when it is ok to keep a secret and the types of things that can be kept a secret. Children understand feelings and empathy and are able to appropriately respond to the emotions of others. Children understand a wider range of emotions and how they show and how to respond to them. Children know the importance of valuing difference (stereotypes). What is a stereotype? Types of stereotypes). What is a stereotype? Types of stereotypes). What is a stereotype? Types of
	accordingly.		place. What they can do to help/ who can help. Children understand how to manage dares. What is

ELG Communication and Language Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and group interactions. PSED-Building Relationships Work and play co-operatively and take turns with other. Form positive attachments and friendships with peers. Show sensitivity to their own and to others' needs. Self Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.			a dare? How does it feel to be dared? When might it not be ok to give or accept a dare?
End Point Summary: Children begin to form positive friendships based on mutual respect. Children know how to positively communicate with others including the use of manners. Children can identify and modify their own feelings socially and emotionally. Children are able to think about the perspective of others. Children show perseverance and resilience in the face of challenge and can work through conflict and resolutions with the support of an adult.			
Key vocabulary Kindness, caring, friendship, respect, listening, boundaries, trusted adult, happy, sad, feelings, arguing, helping, manners, perspective.	Key vocabulary active listening, behaviour, bullying, care, choices, community, compliment, discussion, fair, family, friends, group, helpful, joking, kind, learner, mindset, needed, negative, polite, positive, safe, secure, special, support, team, teasing, thoughtful, unkind angry, body language, calm, change, confidence, content, cross, disagree, wellbeing, emotions, enjoy, excited, facial expressions, feelings, happiness, happy, help, interests, kind, like, loss,	Key vocabulary achieve, caring, choices, conflict, cooperate, cooperation, disagreement, family, friend, friendship, group, happy, healthy, help, important, kind, listen, love, making up, need, positive, safe, share, skills, solve, sort, special, support, talk, team, thoughtful, time, trust, trusted adult,	Key Vocabulary assertive, comfortable, confident, consequences, dares, effects, emotional, forceful, gloating, hide, impact, influence, manipulated, mind, mistake, positive, pressure, pride, pushy, resist, resolution, resolve, right, rude, scared, sorry, strategies, strengths, support, acquaintances, actions, alternatives, anonymous, antibullying, arguments, behaviour, bully, bullying, compromise, consequences, consideration, cyber, dares, decisions, differences, discrimination, disputes, diversity, equality, equity, falling out, honest, impact, interests, kindness, loyal, negotiation, opinions, prejudice, prejudiced, reflect, relatives, resolving, respect, strategies, support, network, teasing, techniques, thought, unhealthy, victim, views, VIPs

		memories, mental health, nervous, opinions, qualities, sad, safe, secure, share, skills, speak, talents, talk, thoughts, uncomfortable, unhappy, worried, angry, body language, calm, change, confidence, content, cross, disagree, wellbeing, emotions, enjoy, excited, facial expressions, feelings, happiness, happy, help, interests, kind, like, loss, memories, mental health, nervous, opinions, qualities, sad, safe, secure, share, skills, speak, talents, talk, thoughts, uncomfortable, unhappy, worried	
Respectful	Development Matters/EYFSP 3-4 year olds.	RSE Statutory Requirements;	Demonstrate how to respect themselves and others
Relationships	<ul> <li>PSED</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Develop appropriate ways of being assertive.</li> <li>Talk with others to solve conflicts.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> <li>Understand gradually how others might be feeling.</li> <li>Understanding the World</li> <li>Continue developing positive attitudes about the differences between people.</li> <li>Recognise that people have different beliefs and celebrate special times in different ways.</li> <li>Early Years Foundation Stage Profile (EYFSP) Children in Reception;</li> <li>Communication and Language</li> <li>Understand how to listen carefully and why listening is important.</li> <li>Develop social phrases.</li> </ul>	<ul> <li>Pupils should know</li> <li>the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.</li> <li>practical steps they can take in a range of different contexts to improve or support respectful relationships.</li> <li>the conventions of courtesy and manners.</li> <li>the importance of self-respect and how this links to their own happiness.</li> <li>that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.</li> <li>about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.</li> <li>what a stereotype is, and how stereotypes can be unfair, negative or destructive.</li> <li>the importance of permission-seeking and giving in relationships with friends, peers and adults.</li> </ul>	and the importance of acting responsibly. Show a basic understanding of the rights and responsibilities as members of families, other groups and ultimately citizens. Discuss different groups they belong to, the groups in their local community and the importance of showing tolerance and respect for these. <u>End Points;</u> Children know the importance of treating others with respect and tolerance. They understand people may have different likes, dislikes, backgrounds, religious beliefs and opinions and understand how this helps to create a diverse wider community. Children understand their role in the community and can talk about groups they belong to. Children have respect for themselves and know why this is important to their own mental health, they know they have the right to be treated with respect from others and who to turn to if they feel uncomfortable or unsafe in regards to interactions with others (both face to face and cyber).

<ul> <li>Think about the perspectives of others.</li> <li>Build constructive and respectful relationships.</li> <li>See themselves as a valuable individual.</li> <li>ELG Communication and Language Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and group interactions.</li> <li>PSED Building Relationships Work and play co-operatively and take turns with other.</li> <li>Form positive attachments to adults and friendships with peers.</li> <li>Show sensitivity to their own and to others' needs.</li> <li>Self Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</li> <li>Give focused attention to what the teacher says.</li> </ul>	Children recognise these differences should be treated with respect and equality. Children recognise people come from different backgrounds and the wider community and wider world may look different to their own experiences (explore families, homes, schools, environments, the wider World.) Children recognise groups which they belong to and can describe how this makes them feel. Children treat each other with respect and understand how their own self- respect links to their own happiness. Children know the importance of speaking with respect to others including using courtesy and good manners. Children know that bullying is unacceptable and know who to ask for help and how to ask whether they are directly related to the issue or not. Children understand what a stereotype is and how this can be an unfair representation. Children understand the importance of mutual respect and boundaries within relationships. They know when to ask for permission and why this is important.		
Children form constructive and respectful relationships with their peers and others. Children develop their communication skills and have the confidence to interact with others. Children will be able to express their feelings and will begin to think about others points of views and emotions. Child will begin to develop skills to cope with conflict and resolution.			
<b>Key Vocabulary</b> Feelings, happy, sad, angry, calm, excited, worried, unsafe, help, support, kind, caring, respect, manners, points of view, listening, taking turns, teamwork.	<b>Key Vocabulary</b> active listening, behaviour, bullying, care, choices, community, compliment, discussion, fair, family, friends, group, helpful, joking, kind, learner, mindset, needed, negative, polite, positive, safe, secure, special, support, team, teasing, thoughtful, unkind	Key Vocabulary achieve, caring, choices, conflict, cooperate, cooperation, disagreement, family, friend, friendship, group, happy, healthy, help, important, kind, listen, love, making up, need,	Key Vocabulary acquaintances, actions, alternatives, anonymous, antibullying, arguments, behaviour, bully, bullying, compromise, consequences, consideration, cyber, dares, decisions, differences, discrimination, disputes, diversity, equality, equity, falling out, honest, impact, interests, kindness, loyal, negotiation, opinions, prejudice, prejudiced, reflect, relatives, resolving,

			positive, safe, share, skills, solve, sort, special, support, talk, team, thoughtful, time, trust, trusted adult	respect, strategies, support, network, teasing, techniques, thought, unhealthy, victim, views, VIPs
Online Relationships	Development Matters/ EYFSP 3-4 year olds.         PSED         • Increasingly follow rules, understanding why they are important.         • Remember rules without needing an adult to remind them.         • Develop appropriate way of being assertive.         • Talk with others to solve conflict.         • Talk with others to solve conflict.         • Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.         • Understand gradually how others might be feeling.         Early Years Foundation Stage Profile (EYFSP) Children in Reception;         Building Relationships         • Build constructive and respectful relationships.         • Express their feelings and consider the feelings of others.         Managing Self         • Explain the reasons for rules, know right from wrong and try to behave accordingly.         ELG         Communication and Language         • Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen.         • Develop social phrases.         PSED         Managing self         Be confident (to try new activities) show independence, resilience ad perseverance in the face of challenge.         Explain the reasons for rules, know right from wrong and try to behave accordingly.         Self Regulation	RSE Statutory Requirements; Pupils should know • about different types of bullying (including cyl bullying, responsibilities of bystanders (primarily adult) and how to get help. • what a stereotype is, and how stereotypes car destructive. • the importance of permission-seeking and give friends, peers and adults. End Points; Children understand how to stay safe online; the out personal details such as their name, age, sch Children understand to ask for help from a trust uncomfortable. Children understand that not everything online pretend to be people they are not. Children understand that the conventions of a r apply online as they would face to face. Children understand the impact of bullying (face to ask for help. Children understand the concept of consent and representation. Children understand the concept of consent and relationships with friends, family and adults.	y reporting bullying to an a be unfair, negative or ing in relationships with ey know they must not give nool or address. red adult if they feel unsafe or is real and some people may espectful relationship still e to face and cyber) and how ow these can be an unfair	Have a some understanding of how to keep physically and emotionally safe – including internet safety. Be able to identify some that risks to emotional wellbeing and physical and mental safety. Know how to keep safe in the local area and online. Understand how media and images can affect feelings. Know that what is portrayed online is not always reality. Know people who help keep us safe and where/how to get help. Know how to deal with negative pressure. End Points: Children recognise how to keep safe online and who/ how to ask for help when needed. Children know the importance of keeping personal information private. They recognise information and images online may be untrue and understand that the images portrayed are not always reality - they are 'created' for a purpose and the effects this can have. Children know how to interact online and understanding bullying is not OK. They know what to do if they experience negative pressures and who they can turn to for support. Children understanding the conventions of a respectful relationship still apply online as they would face to face.

	Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Building Relationships Work and play cooperatively and take turns with others. Form positive attachments and friendships with peers. Show sensitivity to their own and to others' needs. End Point Summary: Children will understand what is right and wrong and why rules are important to keep us safe. Children are developing the vocabulary needed to ask			
	Children are developing the vocabulary needed to ask for help if they feel worried or unsafe.			
	Key Vocabulary online, tablet, iPad, Internet, computer, right, wrong, happy, sad, rules, good, bad, unsafe, scared, worried, help, adult.	Key Vocabulary activity, address, comfortable, communicate, device, download, electronic, emoji, healthy, helpful, hobbies, information, interests, Internet, lie, mental wellbeing, message, messaging, news, offline, online, password, personal information, picture message, pretend, private, screen time, sleep, social media, surname, text message, true, trusted adult, uncomfortable, video call	Key Vocabulary safety, access, connected, activity, apps, fact, fake, network, social media, true, video call, respect, behaviour, balance, communicating, harmful content, age limits, restrictions, report	<b>Key Vocabulary</b> balance, behaviour, bullying, communicating online, concerns, connected devices, consequences, cyberbullying, discrimination, disrespect, face-to-face, forward, harassment, harmful content, images, impact, information sharing, manipulated, misinformation, name-calling, permission, positive, privacy, ranking, relationships, reliability, report, respect, restrictions, risks, rules, safety, search results, share, shared information, social media, support, targeted information, teasing, text, trolling, videos
Being Safe	<ul> <li>Development Matters/ EYFSP 3-4 year olds.</li> <li>PSED</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Remember rules without needing an adult to remind them.</li> <li>Develop appropriate way of being assertive.</li> <li>Talk with others to solve conflict.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> <li>Understand gradually how others might be feeling.</li> <li>Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly.</li> <li>Make healthy choices about food, drink, activity and toothbrushing.</li> </ul>	RSE Statutory Requirements; Pupils should know • what sorts of boundaries are ap others (including in a digital conte • about the concept of privacy an adults; including that it is not alw being safe. • that each person's body belong appropriate and inappropriate or • how to respond safely and appr all contexts, including online) who • how to recognise and report fee any adult. • how to ask for advice or help fo until they are heard.	d the implications of it for both children and ays right to keep secrets if they relate to s to them, and the differences between unsafe physical, and other, contact. opriately to adults they may encounter (in	Demonstrate a basic understanding of what a healthy lifestyle is, how to make informed choices about health and wellbeing and begin to recognise when they may need help and where to get this. Demonstrate how to respond in an emergency. Have a some understanding of how to keep physically and emotionally safe – including internet safety. Be able to identify some that risks to emotional wellbeing and physical and mental safety. <b>End Point</b> Children understand the importance of keeping safe and understand risks and dangers. Children understand and follow the school rules and have an understanding on health and safety including basic first- aid.

Early Years Foundation Stage Profile (EYFSP) Children	<ul> <li>where to get advice e.g. family, school and/or other sources.</li> </ul>	Children understand who the people are who help us
in Reception;		stay safe.
	End Points;	They can describe feelings and how and where they
Communication and Language	Children understand appropriate boundaries within relationships and	feel in the body and manage them.
<ul> <li>Use talk to help work out problems and organise</li> </ul>	friendships both face to face and online.	Children have an understanding how emotions can be
thinking and activities, and to explain how things work	Children understand when to ask for help and who to ask.	in conflict.
and why they might happen.	Children understand it is important to keep asking for help until they are	Children understand how to manage and maintain a
<ul> <li>Develop social phrases.</li> </ul>	heard and know the vocabulary needed in order to do so.	balanced lifestyle. Including healthy foods, exercise,
Managing Self	Children understand the difference between safe secrets and surprises.	screen time.
• Explain the reasons for rules, know right from wrong	Children know their body belongs to them and no-one should touch their	They can discuss 'habits' and how these are hard to
and try to behave accordingly.	private parts.	break.
<ul> <li>Manage their own needs- Personal hygiene.</li> </ul>	Children are developing an understand of consent and why it is important.	Children are able to manage risk in order to keep
<ul> <li>Know and talk about the different factors that</li> </ul>	Children can identify risks and danger and know how to keep safe at home	safe in the local environment.
support their overall health and wellbeing; regular	and in the wider community.	Children have an understanding how puberty affects
exercise, healthy eating, toothbrushing, sensible	Children understand the importance of leading a healthy lifestyle; including	their bodies and can name external genitalia.
amounts of screen time, having a good sleep routine,	the need for regular exercise, eating healthily, keeping our bodies clean,	
being a safe pedestrian.	getting enough sleep, limiting screen time.	
Building Relationships	Children are developing an understanding of mental health and their	
•Form positive attachments to adults and friendships	emotions.	
with peers.	Children have an understanding of basic first aid.	
ELG		
Managing self		
Be confident (to try new activities) show		
independence, resilience ad perseverance in the face		
of challenge.		
Explain the reasons for rules, know right from wrong		
and try to behave accordingly.		
Manage their own basic hygiene and personal needs,		
including dressing, going to the toilet, and		
understanding the importance of healthy food choices.		
Self Regulation Show an understanding of their own feelings and		
those of others, and begin to regulate their behaviour		
accordingly.		
Building Relationships		
Work and play cooperatively and take turns with		
others.		
Form positive attachments and friendships with peers.		
Show sensitivity to their own and to others' needs.		
End Point Summary;		
Children will understand what is right and wrong and		
why rules are important to keep us safe.		
Children can use talk to help work out problems and		
organise thinking and activities.		

	e developing the vocabulary needed to ask ney feel worried or unsafe.			
-	<b>lary</b> . bad, right, wrong, safe, adult, help, ily, emotions, happy, sad, worried.	Key vocabulary 999, burn, chemicals, choke, danger, e-Safety, emergency, emergency services, fall, fire, harm, hazard, help, hurt, Internet, liquids, medicines, online, poisonous, protect, rail, risk, road, rules, safe, sharp, stranger, safer stranger, tablets, traffic, trip, trusted adult, uniform, unsafe, water	Key vocabulary adulthood, advice, carers, caring, change, comfortable, consent, differences, difficult, emotions, female, independence, love, male, needs, opportunities, parents, private parts, respect, responsibility, rules, safe, siblings, similarities, stereotype, trusted adult, uncomfortable, unique, worried	Key Vocabulary Healthy, unhealthy, safe, unsafe, rules, danger, moderation, habits, limiting, balance, emergency, first- aid, risk, emotions, mental health, conflict, resolution, support, changing, growing, puberty, penis, testicles, vagina, vulva. alcohol, ambulance, casualty, choices, cigarettes, comfortable, cycling, dangerous, dare, depth, drugs, e-cigarettes, electricity, first aid, first- aider, graze, impact, independent, inhaler, injection, injury, instructions, lungs, medicines, paramedic, peer pressure, physical, right, road safety, safety, scald, shock, uncomfortable, vaccine, water safety, wellbeing